

Measuring Chart for Women

Alpha/Numeric Conversion Chart-Women's Measurements

	XS	S		M		L		XL		2XL		3XL	
Size	4	6	8	10	12	14	16	18	20	22	24	26	28
Chest / Bust	32 ¹ / ₂ - 33	33 ¹ / ₂ - 34	34 ¹ / ₂ - 35	35 ¹ / ₂ - 36	36 ¹ / ₂ - 37 ¹ / ₂	38 - 39	39 ¹ / ₂ - 40 ¹ / ₂	41 ¹ / ₂ - 42 ¹ / ₂	43 ¹ / ₂ - 44 ¹ / ₂	45 ¹ / ₂ - 46 ¹ / ₂	47 ¹ / ₂ - 48 ¹ / ₂	49 ¹ / ₂ - 50 ¹ / ₂	51 ¹ / ₂ - 52 ¹ / ₂
Waist	24 - 24 ¹ / ₂	25 - 25 ¹ / ₂	26 - 26 ¹ / ₂	27 - 28	28 ¹ / ₂ - 29 ¹ / ₂	30 - 31	31 ¹ / ₂ - 32 ¹ / ₂	33 - 34 ¹ / ₂	35 - 36 ¹ / ₂	37 - 38 ¹ / ₂	39 - 40 ¹ / ₂	41 - 42 ¹ / ₂	43 - 44 ¹ / ₂
Hips	34 - 34 ¹ / ₂	35 - 35 ¹ / ₂	36 - 36 ¹ / ₂	37 - 37 ¹ / ₂	38 - 39	39 ¹ / ₂ - 40 ¹ / ₂	41 - 42	42 ¹ / ₂ - 44	44 ¹ / ₂ - 46	46 ¹ / ₂ - 48	48 ¹ / ₂ - 50	50 ¹ / ₂ - 52	52 ¹ / ₂ - 54

Measuring Chart for Men

Alpha / Numeric Conversion Chart - Shirts

Size	XS	S	M	L	XL	2XL	3XL	4XL
Neck	13 - 13 ¹ / ₂	14 - 14 ¹ / ₂	15 - 15 ¹ / ₂	16 - 16 ¹ / ₂	17 - 17 ¹ / ₂	18 - 18 ¹ / ₂	19 - 19 ¹ / ₂	20 - 20 ¹ / ₂

Knit Shirts

Size	XS	S	M	L	XL	2XL	3XL	4XL
Chest	13 - 13 ¹ / ₂	14 - 14 ¹ / ₂	15 - 15 ¹ / ₂	16 - 16 ¹ / ₂	17 - 17 ¹ / ₂	18 - 18 ¹ / ₂	19 - 19 ¹ / ₂	20 - 20 ¹ / ₂

Men's Industrial Shirts - Industrial, Cotton, Western, Specialized and Patterned

Size	S	M	L	XL	2XL	3XL	4XL	5XL
Neck	14 - 14 ¹ / ₂	15 - 15 ¹ / ₂	16 - 16 ¹ / ₂	17 - 17 ¹ / ₂	18 - 18 ¹ / ₂	19 - 19 ¹ / ₂	20 - 20 ¹ / ₂	21 - 21 ¹ / ₂
Sleeve Length	RG	33	33 ¹ / ₂	34	34 ¹ / ₂	35	35	35
	LN	35 ¹ / ₂	35 ¹ / ₂	36	36	36	36	36
	XLN	37	37	37	37	37	37	37
Back Length	RG	Regular Back Length						
	LN	Regular Back Length plus 1 ¹ / ₂ "						
	XLN	Regular Back Length plus 4"						

Men's Uniform Shirts - Security, Broadcloth and Solid Dress Uniform Shirts

Size	S	M	L	XL	2XL	3XL	4XL
Neck	14 - 14 ¹ / ₂	15 - 15 ¹ / ₂	16 - 16 ¹ / ₂	17 - 17 ¹ / ₂	18 - 18 ¹ / ₂	19 - 19 ¹ / ₂	20 - 20 ¹ / ₂
Sleeve Length	32-33	Regular Back Length					
	34-35	Regular Back Length plus 1 ¹ / ₂ "					
	36-37	Regular Back Length plus 4"					
	SS	Regular Back Length					
SSL	Regular Back Length plus 4"						

Men's Cooks Shirts

Size	S	M	L	XL	2XL	3XL	4XL
Neck	14 - 14 ¹ / ₂	15 - 15 ¹ / ₂	16 - 16 ¹ / ₂	17 - 17 ¹ / ₂	18 - 18 ¹ / ₂	19 - 19 ¹ / ₂	20 - 20 ¹ / ₂
Half Sleeve (SS)							
(SSL)							

Men's Dress Uniform Shirts - Stripes and Red

Size	S	M	L	XL	2XL	3XL	4XL
Neck	14 - 14 ¹ / ₂	15 - 15 ¹ / ₂	16 - 16 ¹ / ₂	17 - 17 ¹ / ₂	18 - 18 ¹ / ₂	19 - 19 ¹ / ₂	20 - 20 ¹ / ₂
Back Length	RG	33	33 ¹ / ₂	34	34 ¹ / ₂	35	35
	LN	35 ¹ / ₂	35 ¹ / ₂	36	36	36	36
SS	Regular back Length plus 4"						
SSL	Regular back Length plus 4"						

Men's Executive Dress Shirt

Size	14	14 ¹ / ₂	15	15 ¹ / ₂	16	16 ¹ / ₂	16	17 ¹ / ₂	18	18 ¹ / ₂	19
Sleeve Length	32	Regular Back Length									
	33	Regular Back Length									
	34	Regular Back Length plus 1 ¹ / ₂ "									
	35	Regular Back Length plus 1 ¹ / ₂ "									
	36	Regular Back Length plus 4"									
37	Regular Back Length plus 4"										
SS	Regular Back Length					Regular Back Length plus 1 ¹ / ₂ "					

Men's Pants and Slacks

Size is determined by waist and inseam measurements. To order, specify waist and inseam in inches.

Baggy Chef's Pants

Size	S	M	L	XL	2XL
Waist	28-30	32-34	36-38	40-42	44-46

Men's Coveralls - Action Back

Size	XS	S	M	L	XL	2XL	3XL	4XL
Chest	34	36 - 38	40 - 42	44 - 46	48 - 50	52 - 54	56 - 58	60

Men's Height Conversion Chart

SH	Short	5' 3" - 5' 7"
RG	Regular	5' 7" - 5' 11"
LN	Long	5' 11" - 6' 3"
XLN	XTall	6' 3" - 6' 7"

Insulated Coveralls

Size	S	M	L	XL	2XL
Chest	34 - 36	38 - 40	42 - 44	46 - 48	50 - 52

Men's Jackets and Liners - Alpha / Numeric Conversion Chart

Size is determined by chest measurement. To order, specify the size plus length
NOTE: If waist size is larger than chest size, use waist measurement as size.

Alpha	XS	S	M	L	XL	2XL	3XL
Numeric	32 - 34	36 - 38	40 - 42	44 - 46	48 - 50	52 - 54	56 - 58
Actual Cut Size	34	38	42	46	50	54	58

Jackets and Liners are available in both regular and long lengths.

Industrial Parka

Size	XS	S	M	L	XL	2XL	3XL	4XL
Chest	43	47	51	55	59	63	67	71

Men's Professional Cover-ups

METRIC CONVERSION CHART - INCHES TO CENTIMETERS

NECK SIZES		WAIST / CHEST SIZES				INSEAM LENGTHS	
Inches	Centimeters	Inches	Centimeters	Inches	Centimeters	Inches	Centimeters
13	33	20	71	44	112	28	71
13 ¹ / ₂	34	29	74	46	117	29	74
14	36	30	76	48	122	30	76
14 ¹ / ₂	37	31	79	50	127	31	79
15	38	32	81	52	132	32	81
15 ¹ / ₂	39	33	84	54	137	33	84
16	41	34	86	56	142	34	86
16 ¹ / ₂	42	35	89	58	147	35	89
17	43	36	91	60	152	36	91
17 ¹ / ₂	44	37	94	62	157	37	94
18	46	38	97	64	163		
18 ¹ / ₂	47	39	99	66	168		
19	48	40	102	68	173		
19 ¹ / ₂	50	42	107	70	178		
20	51						
20 ¹ / ₂	52						
21	53						
21 ¹ / ₂	55						
22	56						
22 ¹ / ₂	57						
23	58						
23 ¹ / ₂	60						

Lee® Woven & Denim Shirts

Chef's, Lab, Staff, Lapel/Counter, Shop, Butcher, Specialized, Pocketless Lab, Specialized Lab, Pocketless Lab, Specialized Lapel/Counter, Trim Cut Butcher, Tech

Size	32	34	36	38	40	42	44	46	48	50	52	54	56	58
Alpha	XS		S		M		L		XL		2XL		3XL	
Regular Length														

Unisex Sizing Chart - Tech Coats, Wraps, Unisex Lab Coats, Vests Size is determined by chest measurements. To order, specify alpha size.
 Note: If waist size is larger than chest size, use waist measurements as size.

Size	XS	S	M	L	XL	2XL	3XL
Chest	30 ^{1/2} - 34	34 ^{1/2} - 38	38 ^{1/2} - 42	42 ^{1/2} - 46	46 ^{1/2} - 50	50 ^{1/2} - 54	54 ^{1/2} - 58
Hip	33 ^{1/2} - 36	36 ^{1/2} - 39	39 ^{1/2} - 42	42 ^{1/2} - 46	46 ^{1/2} - 50 ^{1/2}	51 - 55	55 ^{1/2} - 59 ^{1/2}

MEN's	Sleeve	Collar	WOMEN's	Sleeve	Collar
S	34	15	S	30	15 ^{1/2}
M	35	16	M	31	16
L	36	17	L	32	16 ^{1/2}
XL	37	18	XL	33	17
2XL	38	19	Women's Defined Twill Shirt sleeve length is +1/2" longer than indicated in the chart.		
3XL	38 ^{1/2}	20			
4XL	39	21			
5XL	39 ^{1/2}	22			
XLT	39	18			
2XLT	39 ^{1/2}	19			

WOMEN'S SIZING FOR CHEF'S COAT

Suggested Women's Size		...with hips measuring up to:	Actual Garment Size	
ALPHA	NUMERIC		ALPHA	NUMERIC
	6	35	XS	32
S	8	36	XS	34
	10	37	S	36
M	12	38 ^{1/2}	S	38
	14	40	M	40
L	16	41 ^{1/2}	M	42
	18	43 ^{1/2}	L	44
XL	20	45 ^{1/2}	L	46
	22	47 ^{1/2}	XL	48
2XL	24	49 ^{1/2}	XI	50
	26	51 ^{1/2}	2XL	52
3XL	28	53 ^{1/2}	2XL	54
	30	55 ^{1/2}	3XL	56
4XL	32	57 ^{1/2}	3XL	58
** CONVERSIONS ARE BASED ON CHEST MEASUREMENTS				